



EasyToGrowSeeds

EasyToGrowSeeds

Spinach (Matador)

£1.99

Mid Early with semi erect, dark green, tender leaves. Sow from Feb-Apr and Aug-Oct.

Spinach (*Spinacia oleracea*) is a flowering plant in the family of Amaranthaceae. Spinach is known as a rich source of iron and calcium. It also has a high calcium content.

[Vendor Information](#)