



EasyToGrowSeeds

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Sage seeds (Salvia)

£2.34

Sage may be chopped fresh and is a great companion to pork, or add to pasta with a knob of butter and fresh parmesan cheese. 3g. Sow Mar-end Sep.

Salvia is a perennial herbaceous plant that grows up to 50cm in height. It is native to the Mediterranean, but is grown worldwide as a garden and pot herb. It prefers dry chalky soils in sunny areas, but it will thrive in a rich loamy soil with good drainage.

Sage is said to sooth inflammations of the mouth. [Please see the Recipe Directory for Sage stuffing recipe - click on this link here](#).

[Vendor Information](#)